
PHYSICAL EDUCATION AND HEALTH

The board directs that the district's curricular and extracurricular programs of physical education and activities comply with the district's affirmative action resolution and equity plan for school and classroom practices as stipulated in policies 2224, 5145.4, 6121 and 6145 in this manual. The board shall ensure that the comprehensive health and physical education curriculum addresses all elements required by the New Jersey Student Learning Standards.

General Provisions

In general, physical education classes shall not be divided on the basis of sex. The quality and quantity of teachers, equipment and facilities shall be equivalent among the schools and comparable from level to level, taking into account the needs of the pupils.

Members of district interscholastic athletic teams may be excused from participation in the physical activities part of their physical education program without loss of graduation credit on the request of their coach on any day on which they are designated to participate in a regularly scheduled game. The chief school administrator shall approve procedures by which coaches will inform the physical education department, on the day in question, of the specific pupils to be excused. Such pupils shall be scheduled for a study hall period instead.

The board will consider on a case-by-case basis requests from pupils or their parents/guardians in the case of minors for permission to satisfy the physical education requirement through an alternative program of athletics or physical education activities that meets the requirements of law and is consistent with the district's physical education program goals and instructional objectives.

The district physical education programs and instructional activities shall be equitable. All physical education programs shall be co-educational unless otherwise indicated by law. All high school offerings in physical education shall be examined for balance and equitable facilities and resources.

Suicide Prevention

Students at all grade levels shall receive instruction in suicide prevention as part of the district health and physical education curriculum and consistent with the New Jersey Student Learning Standards for Comprehensive Health and Physical Education.

**Note: Inclusion of Policy on Dating Violence is mandated for grades 7 through 12

Dating Violence

For students in grades 7 through 12, physical education and health curriculum will include the topic of dating violence. "Dating violence" means a pattern of behavior where one person threatens to use, or actually uses physical, sexual, verbal, or emotional abuse to control a dating partner.

The dating violence education shall include information on the definition of dating violence, recognizing dating violence warning signs, and the characteristics of healthy relationships.

Upon written request to the school principal, a parent/legal guardian of a student less than 18 years of age shall be permitted within a reasonable period of time after the request is made, to examine the dating violence education program instruction materials developed by the school district.

The purpose of the dating violence information is to help prevent dating situations from becoming unsafe and to help educate young people on constructive ways to resolve conflicts in personal relationship.

To be consistent with (N.J.S.A. 18A:35-4.23a), The chief school administrator shall ensure that district procedures and curriculum will include:

- A. Information that dating violence will not be tolerated;
- B. Dating violence reporting procedures;
- C. Guidelines for responding to at-school incidents of dating violence;
- D. Discipline procedures specific to at-school incidents of dating violence;
- E. Warning signs of dating violence; and
- F. Information on safe, appropriate school, family, peer, and community resources available to address dating violence shall also be included within the curriculum.

Date:

First Adoption: December 20, 1989

Review Date: May 3, 2008

Revision and Adoption: June 26, 2008

Review Date: October 3, 2011

Revision and Adoption: October 27, 2011

Review Date: July 20, 2012 – No Changes

Revised and Adoption: August 22, 2013

Review Date: June 21, 2017

Revision and Adoption: July 20, 2017

Legal References:

<u>N.J.S.A.</u> 18A:6-111 <i>et seq.</i>	Instruction in Suicide Prevention
<u>See particularly:</u>	
<u>N.J.S.A.</u> 18A:6-113	Instruction in suicide prevention in public school curriculum
<u>N.J.S.A.</u> 18A:35-4.19 through -4.22	<u>AIDS Prevention Act of 1999</u>
<u>N.J.S.A.</u> 18A:35-4.23	Domestic violence, child abuse, instructions on those problems
<u>N.J.S.A.</u> 18A:35-4.23a	Dating violence into health education curriculum
<u>N.J.S.A.</u> 18A:35-4.28	Instruction in CPR and use of AED for certain students
<u>N.J.S.A.</u> 18A:35-5 through -9	Maintenance of physical training courses; features ...
<u>N.J.S.A.</u> 18A:37-33 to 37	Dating violence policy and education
<u>N.J.A.C.</u> 6A:7-1.7	Equality in school and classroom practices
<u>N.J.A.C.</u> 6A:8-3.1	Curriculum and instruction
<u>N.J.A.C.</u> 6A:8-5.1	Graduation requirements

N.J.A.C. 6A:9B-5.16 Athletics Personnel
N.J.A.C. 6A:9B-10.3 Health and physical education
N.J.A.C. 6A:16-2.1 et seq. General Provisions for School Health Services
See particularly:
N.J.A.C. 6A:16-2.2
N.J.A.C. 6A:32-9.1 Athletics Procedures

20 U.S.C.A. 1681 et seq. - Title IX of the Education Amendments of 1972

The Comprehensive Equity Plan, New Jersey State Department of Education

Possible

Cross References:

2224	Nondiscrimination/affirmative action
5145.4	Equal educational opportunity
6121	Nondiscrimination/affirmative action
6140	Curriculum Adoption
6141	Curriculum Design/Development
6142	Subject fields
6145.1/6145.2	Intramural competition; interscholastic competition
6146	Graduation requirements

Key Words

Nondiscrimination, Physical Education, Health, Affirmative Action