

Oxford Central

October 2017 Lunch Menu



Cook Up your own Recipe for Success during National School Lunch Week!

This month we are asking **you** to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details.

There will be three winners company-wide. Each winner will receive a gift basket and gift card.

Each winner's recipe creation will be featured on the January Menu!

All meals are served with the **Vegetable of the Day** and/or a selection from **Mac's Veggie Patch, Fruit of the Day** and **Low Fat Milk Choice**

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|---------------|--------|
| Student Lunch | \$2.85 |
| Reduced Lunch | \$0.40 |
| Adult Lunch | \$3.60 |

Maschio's Swap Outs

Monday: Grilled Chicken Caesar Wrap

Tuesday: Grilled Chicken Salad with a Dinner Roll

Wednesday: Ham & Cheese Sandwich

Thursday: Crispy Chicken Salad with a Dinner Roll

Friday: Garden Salad with Cheese & Dinner Roll


Maschio's Swap Outs Available Daily

Bagel Bag

Yogurt Bag

AVAILABLE MONDAY, WEDNESDAY, FRIDAY

CEREAL BAG

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| 2 Popcorn Chicken with Dipping Sauces Dinner Roll Locally Grown Veggie Dippers Fresh or Chilled Fruit | 3 Hamburger or Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit | 4 National Taco Day! Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa Steamed Rice Corn Fresh or Chilled Fruit | 5 BBQ Grilled Chicken Sandwich Country Slaw Vegetarian Baked Beans Strawberry Applesauce | 6 Leo's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit |
| 9 School Closed | 10 Leo's Pizza Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit Spring Mix Salad Fresh or Chilled Fruit | 11 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit | 12 New Recipe! #Throwback Thursday Cheeseburger Mac & Cheese Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit | 13 Pasta with Meatballs Garlic Breadstick Freshly Prepared |
| NATIONAL SCHOOL LUNCH WEEK | | | | |
| 16 Lucky Tray Day Crispy Chicken BLT on a Roll Fresh Cucumber Coins Fresh or Chilled Fruit | 17 All Natural Beef Hot Dog on a Bun French Fries | 18 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit | 19 Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit | 20 Leo's Pizza Locally Grown Veggie Dippers Fresh or Chilled Fruit |
| 23 Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit | 24 Breakfast for Lunch Waffles Breakfast Sausages Hash Brown Fresh or Chilled Fruit | 25 Pasta with Meat Sauce Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit | 26 Chicken Nuggets Fresh Vegetable Pasta Salad Fresh Veggie Dippers Fresh or Chilled Fruit | 27 Leo's Pizza New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit |
| 30 New Item! Chicken Tenders Basket Smile Fries Pumpkin Pretzel Fresh or Chilled Fruit | 31 HALLOWEEN Turkey Corn Dog Nuggets Sweet Potato Tots 100% Juice Orange Sorbet | | |  |

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns?
 Please visit www.maschiofood.com
 or call Maschio's Food Services at: 908-453-4101

Lunch Tickets are available in the cafeteria:
 10 for \$28.50 / 20 for \$57.00

**Please Make Checks Payable To:
 Oxford Central School**

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"