



# Oxford Central

September 2017  
Lunch Menu

Farm Fresh Produce will be available from September 25th through the 29th.

Look out for the Jersey Fresh Symbol on the lunch line!

**Local produce decreases the food miles from the farm to your cafeteria.**

**Local fruits and vegetables are in season and taste great!**

**All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice**

Student Lunch	\$2.85
Reduced Lunch	\$0.40
Adult Lunch	\$3.60

### Maschio's Swap Outs

**Monday:** Grilled Chicken Caesar Wrap

**Tuesday:** Grilled Chicken Salad with a Dinner Roll

**Wednesday:** Ham & Cheese Sandwich

**Thursday:** Crispy Chicken Salad with a Dinner Roll

**Friday:** Garden Salad with Cheese & Dinner Roll

Maschio's Swap Outs Available Daily

**Bagel Bag**

**Yogurt Bag**

Connect with us!



**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Monday	Tuesday	Wednesday	Thursday	Friday
	We Hope You Enjoyed Your Summer Vacation!			1 School Closed
4 <b>Labor Day</b>  School Closed	5 <b>Welcome Back!</b> Leo's Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit	6 <b>Meatball Parm Sandwich</b> Smile Fries Fresh or Chilled Fruit	7 <b>Breakfast for Lunch</b> French Toast Sticks Breakfast Sausage Sweet Potato Tots Fresh or Chilled Fruit	8 <b>Crispy Chicken Sandwich</b> Freshly Prepared Tomato & Cucumber Salad with Fresh Basil Watermelon Sorbet
11 <b>Chicken Nuggets</b> Soft Pretzel Stick Fresh Veggie Dippers Fresh or Chilled Fruit	12 <b>Breakfast for Lunch</b> Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	13 <b>Lucky Tray Day</b> <b>Macaroni &amp; Cheese</b> Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit	14 <b>Hamburger or Cheeseburger on a Bun</b> French Fries Fresh or Chilled Fruit	15 <b>Leo's Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
18 <b>Popcorn Chicken with Dipping Sauces</b> Buttered Noodles Carrots Fresh or Chilled Fruit	19 <b>Bell's Pizza</b> Fresh Tossed Salad Fresh or Chilled Fruit	20 <b>Pasta with Meat Sauce</b> Warm Garlic Breadstick Green Beans Strawberry Applesauce	21 <b>SCOOP-A-BOWL</b> Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! <sup>®</sup> Tortilla Chips Steamed Corn Fresh or Chilled Fruit	22 <b>Leo's Pizza</b> Fresh Veggie Dippers Fresh or Chilled Fruit
25 <b>Grilled Chicken Sandwich with Lettuce &amp; Tomato</b> Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit	26 <b>Johnny Appleseed Day</b> Leo's Pizza Freshly Prepared Garden Salad Locally Grown Apple	27 <b>Corn Dog Nuggets</b> Baked Beans Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit	28 <b>Pasta Alfredo with Locally Grown Roasted Vegetables</b> Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	29 <b>Grilled Cheese Sandwich</b> Tomato Soup Freshly Prepared Italian House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit



Jersey Fresh Farm to School Week

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns?  
Please visit [www.maschiofood.com](http://www.maschiofood.com)  
or call Maschio's Food Services at: 908-453-4101

Lunch Tickets are available in the cafeteria:  
10 for \$28.50 / 20 for \$57.00

Please Make Checks Payable To:  
Oxford Central School

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"